

Intention:

At Dursley C of E Primary Academy we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE lessons are to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Implementation:

The PE curriculum is taught through the use of Get Set 4 PE scheme, which is in-line with the National Curriculum, and is used to aid teaching staff in their subject knowledge and planning of PE. Teachers are able to adapt lessons to suit the needs of their classes but the scheme provides a strong basis of what is expected of each year group and a clear progression of skills. This ensures are children are increasingly challenged as they move up the through the school. With the support of the scheme, we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

Each class has access to two hours of physical activity every week, which is made up of Forest School and quality teaching of PE. Forest School is taught by our Forest School Leader: Mr. Ed Lord and PE lessons are taught by class teachers. In KS2 each class will also attend swimming lessons for a term at our local pool in Dursley where the children are taught a range of strokes, to be able to swim at least 25 meters and perform safe self-rescues in different water-based situations by the end of Year 6. These lessons are taught by the swimming instructors at the pool with the support and encouragement of the class teacher and other staff.

After school, our children have the opportunity to sign up to a range of physical and sporting activities such as: football, hockey, netball and cross country. We also take part in inter and intra sporting activities within our Dursley Sports Cluster.